

# Postpartum Visit Algorithm: Gonorrhea/Chlamydia

Diagnosed with gonorrhea and/or chlamydia

during pregnancy?

Remember the ABCs:





reastfeeding



Retest indicated at postpartum visit?

### Gonorrhea

- Retest if >3 months since therapy and retest not already performed.
- If symptoms persist despite recent treatment, culture for sensitivity.

Yes

## Chlamydia

• Retest at all visits that occur from 3 to 12 months after completion of therapy.

No Yes

- $\bullet$  Ensure partner was treated.
- Risk reduction counseling, including barrier protection (in addition to pregnancy prevention).
- Schedule appropriate follow-up.

- Follow-up test and/or culture results with indicated therapy for patient and partner(s).
- Report to health department.
- Risk reduction counseling, including barrier protection (in addition to pregnancy prevention).
- $\bullet$  Schedule appropriate follow-up.

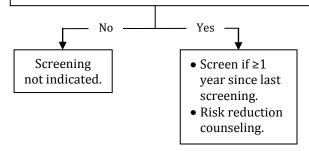
## At risk for gonorrhea or chlamydia?

≤25 years old

or

≥25 years old with risk factors:

- History of gonorrhea/chlamydia or other STD
- New or multiple sex partners
- Inconsistent barrier method use
- Sex worker
- Drug use





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#### **EVERY DAY**

Checklist for Healthy Women

Exercise – 30 minutes a day, 5 days a week

**V**itamin – 400 micrograms of Folic Acid per day

**E**ducate yourself about medicines and chemicals that can cause birth defects

Reproductive life planning – set your personal goals for birth control and future children

**Y**early doctor visits to discuss physical and mental wellness

**D**iet – Vegetables, fruits, and whole grains daily

Avoid tobacco, drugs, and alcohol

Your partner, friends, and family should be sources of support

 ${\it Content from every woman california.org used with permission from the Preconception Health Council of California.}$ 

### References:

Centers for Disease Control and Prevention. Sexually transmitted diseases treatment guidelines 2010. MMWR Recommendations and Reports 2010;59(No. RR-12).

Meyers D, Wolff T, Gregory K, et al. USPSTF recommendations for STI screening. American Family Physician 2008;77(6):819-24.



